



# Weekly Activities

Spring 2025  
May 5 - Jun 1

GRAND PALMS RESORT



## Beach Shuttle Schedule

Be sure to check the schedule for the Resort Shuttles.

## Monday

### Stuff a Sea Creature

11 am - 2 pm. Activity Center.  
\$30

*\*A portion of the proceeds are donated to help local sea turtle rescue.*

### Arts & Crafts

11 am - 2 pm. Activity Center.  
Prices Vary

### S'mores at the Patio

5 - 9 pm. Indoor Pool Patio. \$5

## Tuesday

### Stuff a Sea Creature

11 am - 2 pm. Activity Center.  
\$30

*\*A portion of the proceeds are donated to help local sea turtle rescue.*

### Arts & Crafts

11 am - 2 pm. Activity Center.  
Prices Vary

### Tie-Dye T-Shirts

11 am - 2 pm. Outdoor Pool.

### S'mores at the Patio

5 - 9 pm. Indoor Pool Patio. \$5

### Sip and Paint

3 pm. Activity Center. \$25  
You bring the sips and we'll bring the paint and hors d'oeuvres. Please sign up by Noon Tuesday by calling ext. 1400.

## Wednesday

### Stuff a Sea Creature

11 am - 2 pm. Activity Center.  
\$30

*\*A portion of the proceeds are donated to help local sea turtle rescue.*

### Arts & Crafts

11 am - 2 pm. Activity Center.  
Prices Vary

### S'mores at the Patio

5 - 9 pm. Indoor Pool Patio. \$5

## Thursday

### Stuff a Sea Creature

11 am - 2 pm. Activity Center.  
\$30

*\*A portion of the proceeds are donated to help local sea turtle rescue.*

### Arts & Crafts

11 am - 2 pm. Activity Center.  
Prices Vary

### S'mores at the Patio

5 - 9 pm. Indoor Pool Patio. \$5

### Bingo

2 pm. Activity Center. \$1 per card.

### Tie-Dye T-Shirts

11 am - 2 pm. Outdoor Pool.

## Friday

### Stuff a Sea Creature

11 am - 2 pm. Activity Center.  
\$30

*\*A portion of the proceeds are donated to help local sea turtle rescue.*

### Arts & Crafts

11 am - 2 pm. Activity Center.  
Prices Vary

### S'mores at the Patio

5 - 9 pm. Indoor Pool Patio. \$5  
Make some tasty s'mores over one of our fire tables!

## Fitness Classes

Complimentary

### Lap Swim

7 am Mon-Fri  
Indoor Pool

### \*Aqua Fit

8 am Mon, Wed, Thurs  
Indoor Pool

### \*Zumba

8 am (15 min) Tue, Fri  
Aerobics Room

### \*Full Body Stretch

9 am Mon-Wed, Fri  
Aerobics Room

\*Video Instruction

## Amenities

### Indoor Pool Office

Monday-Sunday, 7am -10 pm

Complimentary Board Games  
Beach Chair Rentals \$10/day,  
\$50/week

Complimentary State Park Pass  
(first come, first serve)

### Fitness Center

Open everyday, 7 am -10 pm

### Arcade

Open everyday, 7 am - 10 pm.  
Children under 16 years old  
need to be accompanied by a  
parent.

### Mother Earth Day Spa at the Indoor Pool

A variety of massages,  
reflexology and facials available.  
Call the Indoor Pool at Ext. 1400  
for an appointment. Limited  
availability.



 **poolside  
grill**

**Now  
Open**

Outdoor Pool  
11 am - 5 pm

See website  
for full menu